



Association des Professeurs de Français de Malte

Bien manger, Bien bouger ! (Year 8)

This competition is open to students of Year 8/Form 2 learning French as a foreign language in all schools in Malta and Gozo. The students need to send a short video in French on the importance of healthy eating and exercising for a better life.

The objective of this competition is to make learning more fun, to give students an opportunity to express themselves in French, to learn in an active way, to emphasize the importance of healthy eating, to do sport and finally to reflect on their lifestyle.

Instructions :

Step 1: Complete the participation form and send it to the following email address: **competitionapfm@gmail.com** by the **15th of November 2021**.

Step 2: Fill out the data protection form. The APFM Committee reserves the right to download the videos on its website (www.apfmalta.com), its Facebook page as well as on the website of the FIPF (International Federation of French Teachers) or that of the CEO (Western European Commission). If other people feature in the video, get their permission before filming and also complete the data protection form for each person. A scan of this/these form/s must be sent together with the video.

Step 3: Make use of what you have learnt in class to produce a short video (not more than 2 minutes) on the topic of Bien Manger, Bien Bouger !

Step 4: Record the video at home, at school or outside. Should you wish to record your video at school, get permission from your Head of School.

Step 5: Your teacher can guide you before you produce the video, but if possible, this task should be a self-assessment task.

Step 6: Send your video to your French teacher (each student must save the video with surname, name and class (example **BORGPAL2D**). Each teacher must then save all the videos in a folder saved under the name of the college (example **STNICHOLASCOLLEGERABAT**) and send the file through a wetransfer link (wetransfer.com) with all data protection forms scanned to our email address: **competitionapfm@gmail.com** until the **15th of December 2021**.

All participants will receive a certificate of participation. The students with the three best videos will also receive a certificate of merit and an award. The awards and certificates will be presented during the APFM General Assembly in January 2022. The results will also be published on the Facebook page as well as on the APFM website (www.apfmalta.com).

The entries will be judged on the following criteria:

- ❖ The quality and pronunciation of the French language used in the video;
- ❖ The quality of the video; and
- ❖ Originality, creativity and digital competence.

The winning videos will be uploaded on our website, our Facebook page as well as the FIPF website.